



A Healthy Minute

August 2013

We Live in the Same Turf



Meet our Executive Director
ANDREA SARA WILSON

*"We are not rich by what we possess,
but by what we can do without."*

When people ask me where I come from, I know that they are really asking me where I was born. I usually let them know that I'm a local girl. But what I want to say is that I grew up in a home that transcended real estate borders. My house was in Bridgewater, but my community reached far beyond a mere zip code.

Growing up, because my parents were very involved in community organizations, our dinner conversations were packed with stories that demonstrated how philanthropy operated on a local level. Our kitchen produced dozens of pies and cookies for the local church fairs. And it was my father, a long-time board member of New Milford VNA & Hospice, who introduced me to the important work of the nurses, therapists and social workers who take care of the residents of Brookfield, Bridgewater, Kent, New Fairfield, New Milford, Roxbury, Sherman, Warren and Washington.

The areas we serve...



Nowadays I am proud to be the Coordinator of Fund Development for New Milford VNA & Hospice. This year's Tea for Two Hundred Fundraiser, described by many as "the best summer party in Litchfield County," sparkled with generosity. Attendance was up, as were our silent auction proceeds. It is gratifying to see how many people support us with their time and dollars. We look forward to more successful fundraisers which enable us to provide so many free programs and services to all of our towns!

And the next time I am asked where I'm from I'll be inclined to say, "I'm from your community."



Warmly,

Sarah Hauser
Fund Development Coordinator
NMVNA & Hospice
860-354-2216
shauser@newmilfordvna.org
dmatta@newmilfordvna.org

Visit us
online
for back
issues of
**A Healthy
Minute!**

P.S. Mark your calendar for Friday, September 27th from 5:30-7pm. We are hosting a party at the Silo/Hunt Hill Farm to celebrate 95 years of home health care and 30 years of Hospice in our community!

f We're on Facebook!
Like "New Milford VNA & Hospice"

Visit us online for information about our
bereavement and caregiver support groups.