



A Healthy Minute

Alzheimer's:

It Lives In Our Community

Visit us online...

For more information about our services, support groups, upcoming events and employment opportunities.

I grew up believing that the kitchen was the place where neighbors gathered to share stories. My mother had an endless supply of welcoming smiles that transformed her coffee from ordinary to extraordinary. It was the scent of the coffee beans that introduced me to the power of community. So when my Mother developed Alzheimer's and I became her caregiver I naturally gravitated towards my community for support and information.

This year our community will again be walking to end Alzheimer's on Saturday May 4th at Harrybrook Park, New Milford, CT. We invite you to join the New Milford VNA & Hospice walking team. You can sign up directly on the Alzheimer's Walk Page or email us.

f We're on Facebook!
Like "New Milford VNA & Hospice"



Warmly,

Celia Pomerantz
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Are you a caregiver?

Visit us online at www.newmilfordvna.org for information about our bereavement and caregiver support groups.

P.S. Stop by at our office at 68 Park Lane Road, New Milford to pick up your free pedometer. Start your training now!

JOIN US FOR..
Third Annual Caring for Our Community Breakfast
Tuesday, April 23, 2013 at 7:30 am, 79 Danbury Road, Route 7 (near Pettibone School), New Milford

Please join us for a fun morning with an old time diner theme! Tickets and Sponsorships can be purchased online at www.newmilfordvna.org. Reservations are required. Seating is limited. Call Sarah Hauser, Fund Development Coordinator, for additional information 860-354-2216.